

Terms of agreement

These terms and conditions apply for membership of Studentidretten (Student Sports)/Kraft Sports Centre, at the Arctic Student Welfare Organisation.

1. These terms and conditions apply to:

As a member, you are obliged to keep informed about and comply with the terms and conditions that apply to the activities at Student Sports.

2. Terms of payment:

Direct debit:

AvtaleGiro is a Norwegian service for automatic payment of your regular invoices. In other words, your bank will ensure such invoices are paid directly from your account on the due date. To be eligible for AvtaleGiro, you must have a Norwegian bank and be at least 18 years old.

The fee for the first month is payable at the time of registering. Thereafter, the agreed monthly fee will be deducted from your account by AvtaleGiro on the 20th of each month. It is the member's responsibility to ensure that authorization of direct debit is created, as this is an agreement between the member and his/her bank. It is the member's responsibility to ensure that the direct debit authorization is always valid. Deletion of this does not affect the member's payment obligations. Instalments shall be paid by the agreed date.

NB! The membership will continue until terminated in writing.

Memberships for international students and pupils (upper secondary school)

Advance cash payment for a longer period:

For prepaid cash memberships, the member shall pay the full amount for the selected period – one, three, six or 12 months – in one transaction at the time of registering. The member shall pay the membership fee regardless of the amount they train. No price adjustments will be made during the period of the cash membership, and the agreement may not be terminated during the prepaid period. Prepayments are non-refundable.

3. Overdue payment:

In the event of overdue payment, reminder fees and charges will be incurred in accordance with the current rules concerning the recovery of overdue pecuniary claims. If an instalment is overdue, Student Sports may exclude the member or terminate his/her membership. However, this will not impact on the unpaid claims.

4. Duration:

Memberships based on direct debit payment will continue until terminated in writing.

Prepaid cash memberships are valid from the date of purchase for a period of 1, 3, 6 or 12 months.

5. Transfer of membership:

Membership is personal and may not be transferred to others. Student Sports/Kraft Sports Centre has the right to transfer the contract with all rights to a third party.

6. Suitability:

The member must confirm that he/she is physically and mentally fit to use the sporting facilities in a responsible and health promoting manner. The minimum age for membership of Student Sports/Kraft Sports Centre is 16, and ID must be presented.

7. Responsibility:

It is the member's responsibility to register the correct contact details, etc. These details may be changed via "My page" or by sending an e-mail to Student Sports/Kraft Sports Centre at kraft@kraftsportssenter.no.

All training and use of the centres are at the member's own risk, including loss or damage to personal clothing and possessions.

Climbing:

- Climbing is a risk activity that you do at your own risk.
- You assume full responsibility for your own activity on the climbing wall.
- ➤ Neither the wall owner nor the staff may be held responsible for any loss or damage inflicted in connection with climbing.
- You must follow the rules for safe climbing, as described on the "climbing code" poster.
- > You must do your utmost to attend to your own safety and the safety of others.

The knowledge and skill requirements of the climbing card must be followed. It is one's own responsibility to arrange accident insurance that covers climbing.

A climbing card/lead card is a requirement for belaying. Regular controls are implemented. Any member unable to present such a card during controls may be removed from the climbing wall.

All belaying should take place standing, and the person performing the belaying must be no more than two metres from the climbing wall. When top roping in overhangs, intermediate anchors must be used. Please advise of any incorrect belaying.

8. General rules:

- Members are obliged to keep informed about and comply with these rules and other terms and conditions applicable at the centres. These rules are posted at the entrance of the centres and on www.kraftsportssenter.no
- Access card: This is personal and must be registered on arrival. Members are not permitted under any circumstances to admit others to the centre. Anyone doing so will incur a fee of NOK 1,500.
- > It is strictly forbidden to bring in and/or consume alcohol or any other type of stimuli/steroids on Anti-Doping Norway's list of banned substances.
- Wear functional clothing and be considerate to others. Wear clean gym clothes, clean indoor, non-marking shoes, pants, tights or shorts that go down to the thigh and a t-shirt or singlet that covers up to armpits and has broad braces. Training in bare feet or topless is not permitted at Student Sports. Place outdoor shoes in the designated places.
- > It is the member's responsibility to lock his/her property in a locker while training. Padlocks are sold at reception.
- Lockers will be opened after the centre closes and the staff will collect any unclaimed items.

- We encourage the use of towels in the fitness centre, on bike seats and on mats during group training sessions.
- All equipment must be returned to its original place after use.
 Clean strength training equipment, exercycles, fitness equipment and exercise mats using spray
- and paper towels after use.

 Use a chalk ball when climbing. Respect queue culture and don't use the same route for a longer period while others are waiting. Keep climbing equipment and rope together and comply
- with any instructions from the staff.
 We reserve the right to exclude anyone who does not follow these rules. Please be considerate and contribute to creating a good and healthy training environment.

9. Lost cards:

If a member loses his/her access card, he/she must notify Kraft Sports Centre immediately, so it may be blocked. If Student Sports/ Kraft Sports Centre suffers any form of financial loss (theft, vandalism, etc.) due to the member's lost access card before the card is reported as missing, the member may be held liable for any loss/damage. The member will be charged for a new access card based on the current price list.

10. Clean fitness centre:

The Arctic Student Welfare Organisation has entered into an agreement with Anti-Doping Norway called "Rent Senter agreement". The purpose of the agreement is to maintain a clean and healthy training environment at our fitness centres. Kraft Sports Centre does not tolerate the use of doping agents among its customers.

As a member of Kraft Sports Centre, I condemn the use of doping agents, and understand that the use of doping agents implies a severe breach of my membership agreement and will entitle Kraft Sports Centre to terminate my membership agreement with immediate effect.

I undertake not to use doping agents that appear on a special doping list for training centers. I am aware that the list is available at all times on www.antidoping.no.

Furthermore, Kraft Sports Centre has entered into an agreement with Anti-Doping Norway for carrying out doping controls. If the sports Centre sees signs and symptoms that may be due to the use of doping agents, I understand that I will be convened to a meeting. During this meeting, I will be asked to sign a doping control declaration form, where I accept to provide a doping sample while training at one of Kraft Sports Centre, if I still show signs of possible use of doping agents. See enclosed.

If I do not accept to sign the declaration, this will be considered as a severe breach of my membership contract, and Kraft Sports Centre is entitled to terminate my membership agreement with immediate effect.

As of July 1st, 2013 all use of doping agents is criminalised according to the Act on Medicinal Products § 24 a. The use, or suspected use of doping agents at one of Kraft Sports Centre may be reported to the police.

11. Freeze of membership:

Student Sports/Kraft Sports Centre may grant freeze membership in the following circumstances: sick leave of more than one month's duration, pregnancy/maternity leave, temporary posting in connection with work/education and military service. Relevant documentation must be presented. The member must submit a written application to Kraft Sports Centre. Applications must be made prior to the freeze period or, in the event of injury or illness, as soon as possible after the illness/injury occurs.

On approval of such an application, the member will be credited a free period of equivalent duration to the freeze period. The membership will automatically begin to run when the agreed freeze period ends. The binding period will be shifted by as many months as the membership is frozen. The member will receive a response to their application within 14 days. The member's access card will be blocked for access to Student Sports/Kraft Sports Centre while his/her membership is frozen.

approve this.

Any freeze of membership must be fixed and approved in advance, and relevant documentation must accompany the application. The freeze period applies between the agreed start and end dates. Freezes will not be granted retroactively. Please note that membership may not be terminated during the freeze period.

If the fitness centre wishes to retain the supporting documentation, the member will be asked to

12. Right of cancellation:

The right of cancellation applies only in cases when the contract is concluded as a distance contract or off-premises contract, cf. Section 1 of the Cancellation Act.

13. Changes:

The centre reserves the right to change its service provision.

14. Price guarantee:

Student Sports/ Kraft Sports Centre offers the member a price guarantee for the monthly fee during the binding period. However, this does apply if the membership is entered into based on a campaign that, for instance, defines the price structure.

15. Termination of membership contract:

The period of notice is one (1) month, starting from the first of the month after the notice of termination was received. The membership will remain active throughout the entire period of notice. Termination of contract should occur via e-mail to kraft@kraftsportssenter.no. The member will receive written confirmation of the termination of membership, including details about the final payment and training date, within 14 days.

16. Breach of contract, rules, etc.:

In the event of behaviour that breaches the conditions or rules of Student Sports/Kraft Sports Centre, the centre may exclude the member immediately and terminate his/her contract with immediate effect without obligation to refund the membership fee he/she has paid.

17. Other:

Student Sports/Kraft Sports Centre reserves the right to close all or part of the centres on public holidays, as well as reduce opening hours during holiday periods and public holidays. The member should reckon on brief closure periods of all or part of the sports centre, or reduced opening hours, in the event of emergency maintenance work, etc. Student Sports/Kraft Sports Centre is not liable for the prevention or restriction of training opportunities due to circumstances beyond its control, and that Student Sports could not reasonably be expected to foresee, avoid or conquer (Force Maieure)